

*Ms Heidi Sze-To, Regional Manager, Heep Hong Society*

Heidi Sze-To is the regional manager of Heep Hong Society and is a registered social worker with the specialization in family service. She holds a Master of Art in Social Work and a Master of Science in Applied Psychology. She has over 20 years of frontline and clinical supervision experience in individual and family counseling. She is currently the supervisor of all Hoop Hong service centres in Hong Kong Island, five parent resource centres and the social workers team of the Society. She is keen in applying positive psychology to support families with special needs children.